metro
BOSTON • Wednesday, February 13, 2013

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LETTERS@METRO.US

YO LA TENGO WON'T 'FADE' {page 10}

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BOSTON
Wednesday, February 13, 2013

NICOLAUS CZARNECKI/METRO

Two feet of snow makes finding a home for your vehicle even more difficult in parking-scarce neighborhoods like Southie and Charlestown. But if you shoveled out your spot and are hoping a lawn chair will keep it safe while you're gone, you'll be out of luck in two short days. {page 04}

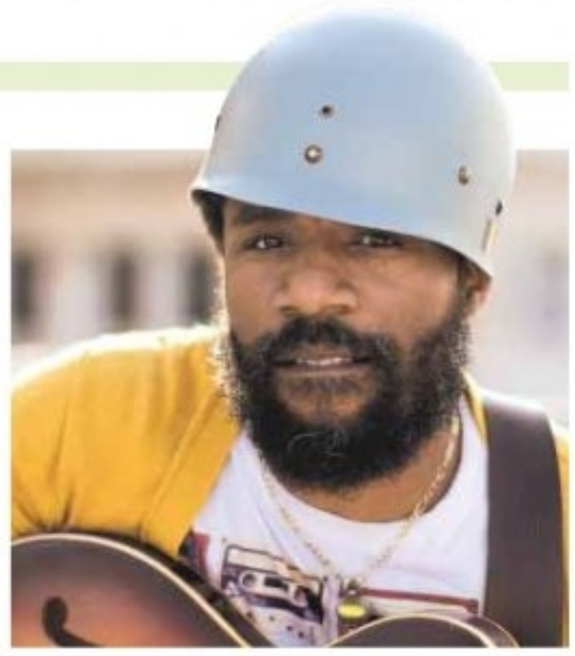
MBTA police issue warning about perverts on mass transit

- In the wake of another man arrested for lewdness on the T, officials reinstate awareness campaign
- Experts explain touching on the T is a compulsive behavior
- Find what to do if you are a victim {page 02}

music

Waiting for Cody ChesnuTT

- After 10 years of almost total silence, the neo-soul artist tours with a second album {page 09}



NY Fashion Week high points {page 14}

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In the news

25K

The number of homes and businesses in Massachusetts still without power from last weekend's snowstorm, as of 4 p.m. yesterday. Most of those without power were located in southeastern Massachusetts. Power companies said they expected electricity to be restored in the next day or two. METRO

Today's local tweet

"Someone on the C line smells like a combination of my grandmothers most putrid perfumes. I need a gas mask. #mbta #needtobreath"

@KIMBERSSLICE, WHO DID NOT ENJOY THE SCENT OF HER FELLOW T RIDERS

In the news

METRO FILE PHOTO

DA: Massport workers took bribes from Logan taxi drivers

BOSTON. Five Massport employees will be in court today for allegedly participating in a scheme to take bribes from taxi drivers in exchange for letting them pick up passengers at Logan Airport.

The workers, who range in age from 37 to 67, worked in the Ground Transportation Unit and were known as cab starters. They allegedly allowed taxi drivers to skip the airport's taxi pool, which forces cabs to wait until dispatched to a terminal. That wait can take an hour or longer.

The workers allegedly took bribes from cabs who drove right to the terminals rather than wait in the taxi pool. Authorities said taxi drivers would bribe the workers with $20 to $40 or even cigarettes and scratch tickets. METRO

Storm cost expected this week

MASSACHUSETTS. Gov. Deval Patrick told reporters yesterday that the state is still assessing the cost of damages inflicted by the snowstorm that lasted Friday through Sunday and knocked out power to 413,000 Massachusetts households, including 25,000 that remain in the dark. Patrick said he expects an estimate on storm damage by the end of this week so the state can determine whether it is eligible for federal relief. SHNS

413K

Households were originally without power

Perverts in public: Attention to sexual harassment on the T

Boston man arrested for masturbating on Lowell commuter train ◗ Why it happens ◗ How you can deal

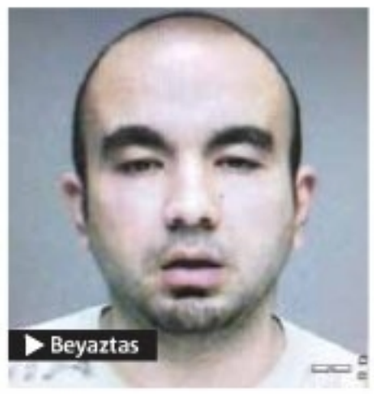
By now, most MBTA passengers are prepared for inevitable delays and cranky crowds, but coping with flashers and fondlers adds insult to injury.

A Boston man was arrested at North Station on Monday night after he allegedly masturbated in front of a woman on an inbound Lowell commuter train.

Transit Police said Mehmet Beyaztas, 24, was looking at a woman and masturbating, and "made no attempt to conceal and/or be covert in his actions, and ... was fully exposed."

People are hearing more and more about sexual harassment on the T because Transit Police have made a point to publicize what they have said is an underreported crime.

According to Dr. Carlos Cuevas, a Cambridge-based clinical psychologist, people who expose themselves in public places, like the T, are likely turned on by exhibitionism, and will often justify their behavior by telling themselves it is a victimless crime.


▶ Beyaztas

"It tends to be more of a compulsive behavior. Because there is no [physical] contact, they feel they are less likely to get caught," Cuevas said, adding that guilt and shame doesn't usually kick in until after they get caught. "They don't think they're doing harm. ... If they feel bad about it, they may justify it in their own mind to continue doing it. There is a lot of distorted thinking."

Almost everyone has stories of being groped or verbally harassed on the T, or seeing people flashing or masturbating, according to Meg Bossong of the Boston Area Rape Crisis Center. "It's really upsetting. People are totally grossed out by it," she said, adding that what makes it terrifying for the victims is also what makes it easy for the perpetrators — anonymity and no escape.

"The cars get crowded, and the trains are often moving. People can't get away as they could on the street," she said.

The situation is all too familiar for Jane Carper of Hollaback! Boston, a group devoted to ending street harassment.

Carper said she was 14 years old when she was groped on a crowded Green Line trolley, which Transit Police said is a hot spot for unwanted touching.

"I felt someone behind me touching me in my [private area]. I looked back, but he wouldn't look at me. The thing that was hard was there was no way out. He got off at the next stop," said Carper, who now advocates for speaking up.

"I ain't no hollaback T rider"

Hollaback! Boston offers tips on how to handle a harasser.

- **Be assertive:** Look them in the eyes; speak in a strong, clear voice.
- **Don't apologize,** make an excuse for their behavior or ask them to leave you alone.
- **Name the behavior and state that it is wrong:** "Do not touch my butt — that is sexual harassment."
- **Identify the perpetrator:** "Man in the yellow shirt, stop touching me." This is particularly helpful if other people are nearby.
- **Don't respond to diversions,** questions, threats or guilt-tripping. Tell them to stop, or else leave.
- **It's not just a woman's issue** — men who witness sexual harassment on the T are encouraged to speak up and stand up against deviants.

Quoted

"It tends to happen in public because that is what is arousing to the person doing it."

DR. CARLOS CUEVAS, CLINICAL PSYCHOLOGIST

Morgan Rousseau
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Snow. Shoveling

▶ The recruits trudged through plenty of snowbanks yesterday to free the city's fire hydrants.

NICOLAUS CZARNECKI/METRO

Snow no match for Boston fire recruits

More than 50 firefighter recruits traveled around Boston's neighborhoods yesterday and shoveled out fire hydrants that were buried in the 2 feet of snow that fell during last weekend's storm. The recruits shoveled hundreds of hydrants and even assisted an elderly woman in South Boston who needed her car dug out. METRO

News in brief

Grandson charged with stealing necklace off of dead woman

BRIDGEWATER. A 25-year-old Bridgewater man was charged with stealing a gold necklace off of his dead grandmother as she lay in her casket in a funeral home.

Bridgewater police obtained a warrant for Shawn Wilde this last week. He turned himself in to Brockton police Saturday and pleaded not guilty to the larceny.

Police allege that Wilde showed up early to his grandmother's funeral service last month and was let in by the funeral director to "say a prayer."

Family members later noticed the missing necklace, which was the wedding ring of her late husband. It has not been recovered. METRO

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In the news

WALKBOSTON

WalkBoston documentary pushes for Safe Routes to School

BOSTON. Last night, WalkBoston debuted "Revere Walks," a five-minute micro-documentary that makes a case for why Revere should adopt the national Safe Routes to School program.

According to WalkBoston, a local organization that aims to make walking safer and easier for pedestrians, about half of all American kids walked or biked to school in 1969, but today that number is less than 15 percent.

The micro-documentary was shown on Arch Street in Boston.

METRO

Man breaks in, gropes women in bedroom

EAST BOSTON. Police are investigating a bizarre and frightening crime for two women living in East Boston.

Officers responded to a building near Murry Court and Orleans Street just before 5 a.m. Monday for a report of a breaking and entering and sexual assault.

The women who live in the apartment said they were awoken by a man standing in their bedroom. The man indecently touched both of the women and then fled out of a window.

Police said the women described the suspect as a white or Hispanic man about 30 or 40 years old with light facial hair. Officers are investigating.

People can keep their homes safe by consistently locking their windows, installing strong doors, using safe dead-bolt locks and always locking the outer hallway doors of an apartment or shared building, police said.

METRO

The countdown is on

Time is ticking on those space savers, car owners Drivers want more time for their hard work Anything used to keep precious parking spots

In neighborhoods it's a necessity, like electricity and running water. Having a space saver is vitally important to car owners who live in areas like South Boston and Charlestown and need to lay claim to their carved-out territory.

With parking already limited in the denser neighborhoods, the addition of two feet of snow makes things even worse.

To outsiders, it might look like trash day, with myriad items littering the parking spaces in front of homes.

But, with the snow emergency and parking ban lifted at 6 p.m. yesterday, the countdown is on. Residents have 48 hours from that time to enjoy their reserved space. After that, it's a free-for-all, and the city has in the past sent garbage crews out to toss the savers.

A fan and a cone appeared to be sufficient space holders for one Boston parker yesterday.

NICOLAUS CZARNECKI/METRO

For some residents, the recent historic storm that left Boston buried in about two feet of snow should be reason enough for the city to extend the time frame.

"Well, in a storm like this, when you broke your back, [shoveling], maybe it should go more than 48 hours," said a lifelong South Boston resident as she shoveled out her car yesterday, an orange cone on hand.

While they may range from trash barrels to vacuum cleaners and even a flat-screen TV, the space savers are symbolic of the hours of aching work that people put in to clear a space.

And when they're moved so a stranger's car can take the spot, things can turn criminal. People have shared stories online of slashed tires, keyed doors and even cars doused in paint as means of revenge for not honoring the space savers.

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City 'making progress'

Mayor Thomas Menino has apologized to residents who have endured unplowed and narrow streets.

In the wake of the storm, the city launched "snow-removal strike-force teams" to help clear the tons of snow throughout the city. Monday night into early Tuesday, crews removed 1,350 truck loads of snow from city roadways, Menino's office said.

"Our crews will be out there all day and again [Tuesday night] as we continue to widen roads, make our schools safe for students, and respond to residents' concerns about residential areas," said Menino.

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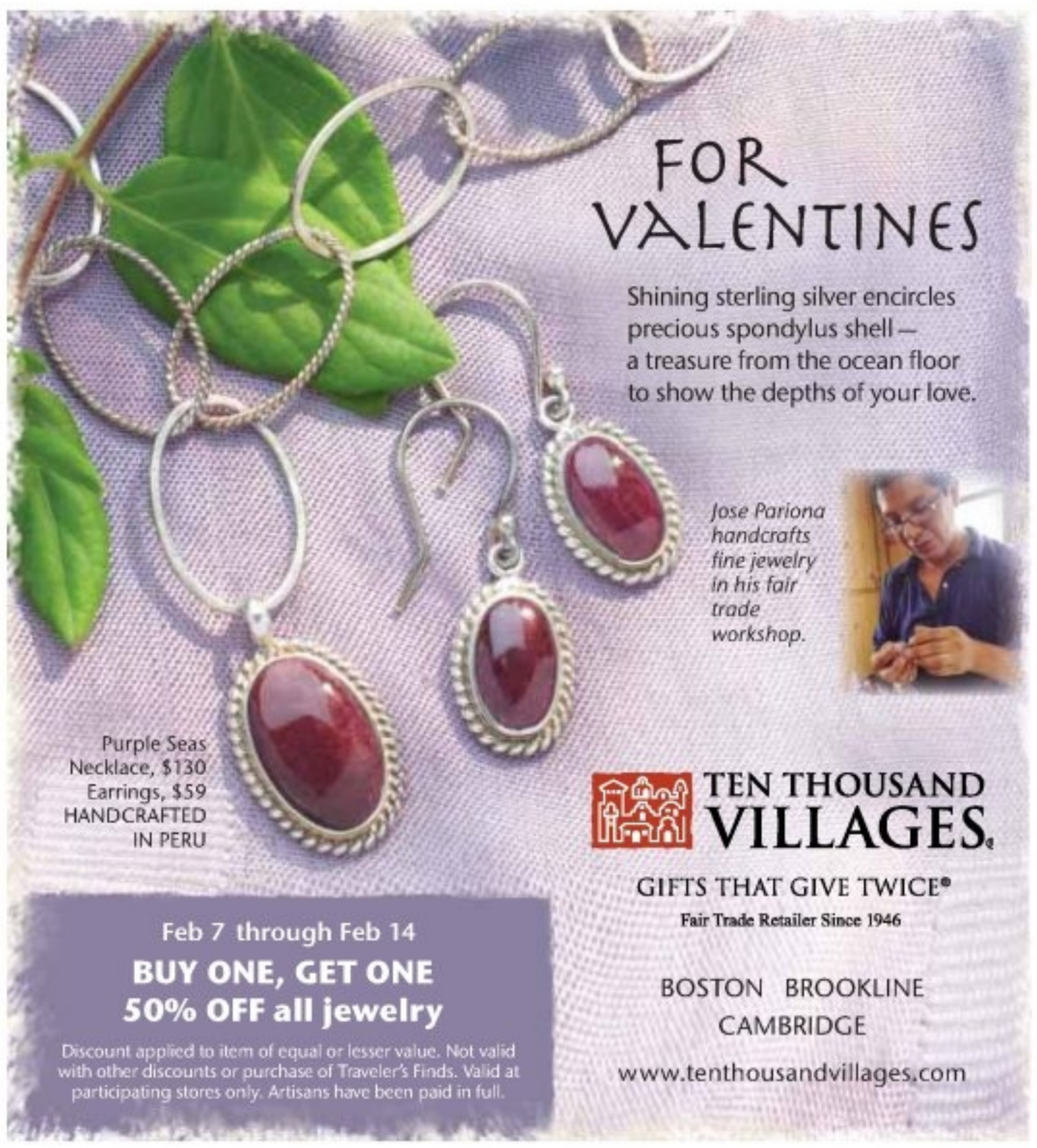
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Event lets young workers schmooze

Dozens of hopeful job hunters will meet tonight for an evening of booze, business and budget-balancing.

The event, called "Finding Your Balance: Young Professionals in the Bean Strive for Work/Life/Money Balance," is part of Career Moves' trimonthly networking series, Careers & Beers.

Young professionals schmooze, hear from career and life coaches, learn to navigate office politics and get advice on how to manage their personal finances.

Career Moves said its younger clients consider balancing work and life to be a priority when considering a job offer, a trend that differs from previous generations that expected to work more than 40 hours a week then whittle down to a "9-to-5" schedule.

"The quest for balance is complicated in the face of abysmal employment rate for recent grads and young professionals, which is why tonight's event will focus on finding work, life, money balance," said Alyson Weiss, a social media specialist and young-adult outreach coordinator for Career Moves.

Boston-area career councilor Martha Plotkin is one of four panelists to speak tonight.

"I'm going to try and get people to think about themselves in terms of their careers," said Plotkin. "They should think about their skills and clarify what their workplace values are."

If you go

Doors open at 7 p.m., and the event runs until 9:30 p.m. at 126 High St., near South Station. Pre-registrants pay $8 and receive free beer, snacks and the opportunity to win door prizes.

Morgan Rousseau
morgan.rousseau@metro.us

History. Repeated

▶ MBTA bus driver Mary Young takes a picture with Massachusetts Gov. Deval Patrick at the Massachusetts State House, where she was one of nine black women who are continuing the legacy of Rosa Parks.

NICOLAUS CZARNECKI/METRO

Gov. Patrick honors 'today's Rosa Parks'

Gov. Deval Patrick and transportation officials yesterday honored nine black women who advocate for transit justice in Massachusetts. The event came about a week after what would have been Parks' 100th birthday — Feb. 4. The women work in Boston, Roxbury, New Bedford, Springfield and Randolph, and were recognized for "exemplifying Parks's courage and community spirit." METRO

In the news

VH1 to premiere its own Boston reality show

BOSTON. Are you ready for more "reality," Boston?

VH1 announced yesterday that the network's new Boston-based reality series "Wicked Single" will premiere on St. Patrick's Day.

The show focuses on six young adults striving to remain "young at heart" as they turn 30, the network said.

The network described the six main characters as "loud," "real" and having "awesome accents."

"But although they never miss an opportunity to hit the club, these young Bostonians sometimes wonder if the trappings of adulthood may be passing them by as they revel in 'Monday Fundays' and 'Tuesday Boozedays,'" the network said in the show's description.

"Wicked Single" premieres March 17 at 11 p.m. METRO

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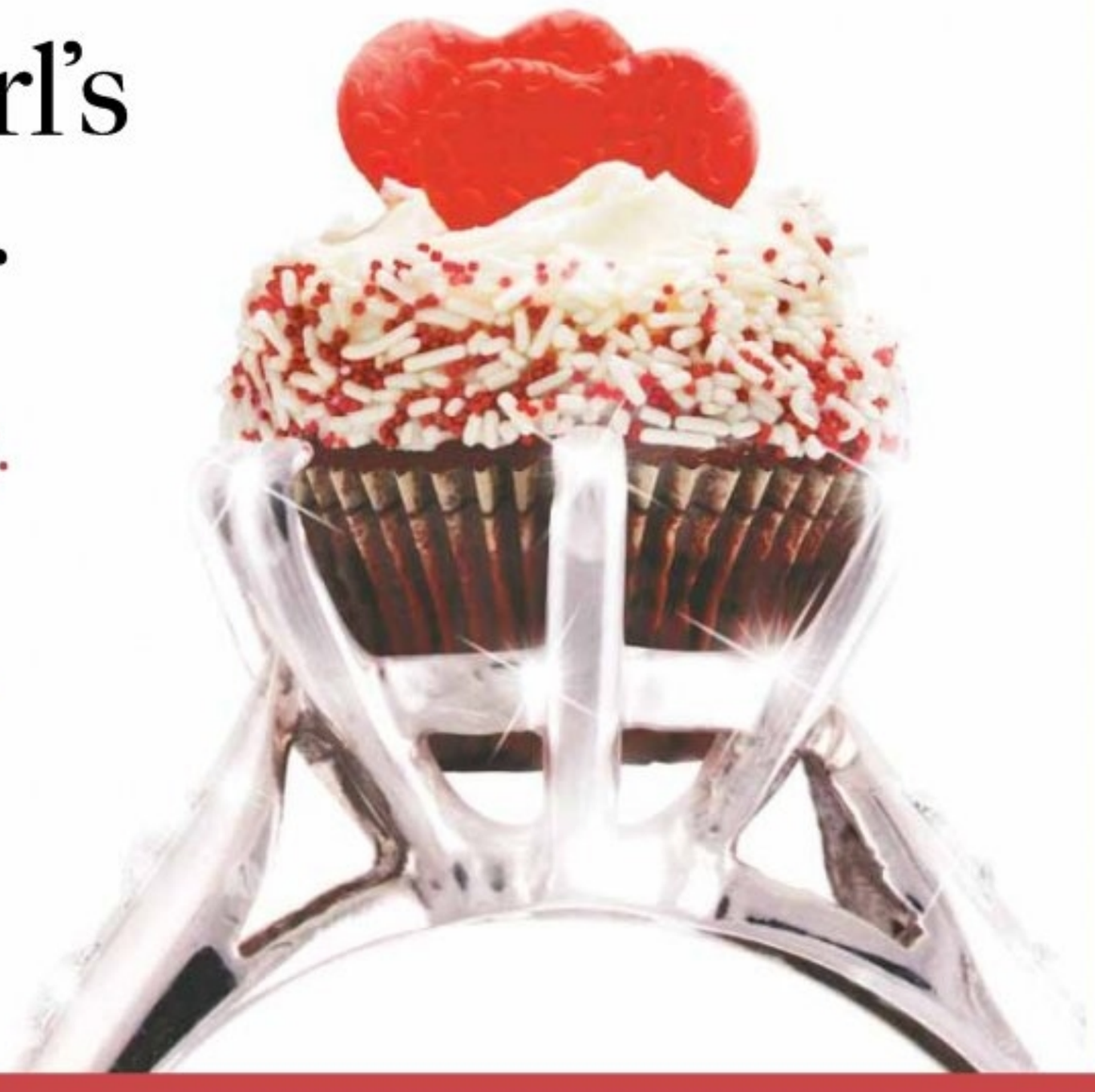

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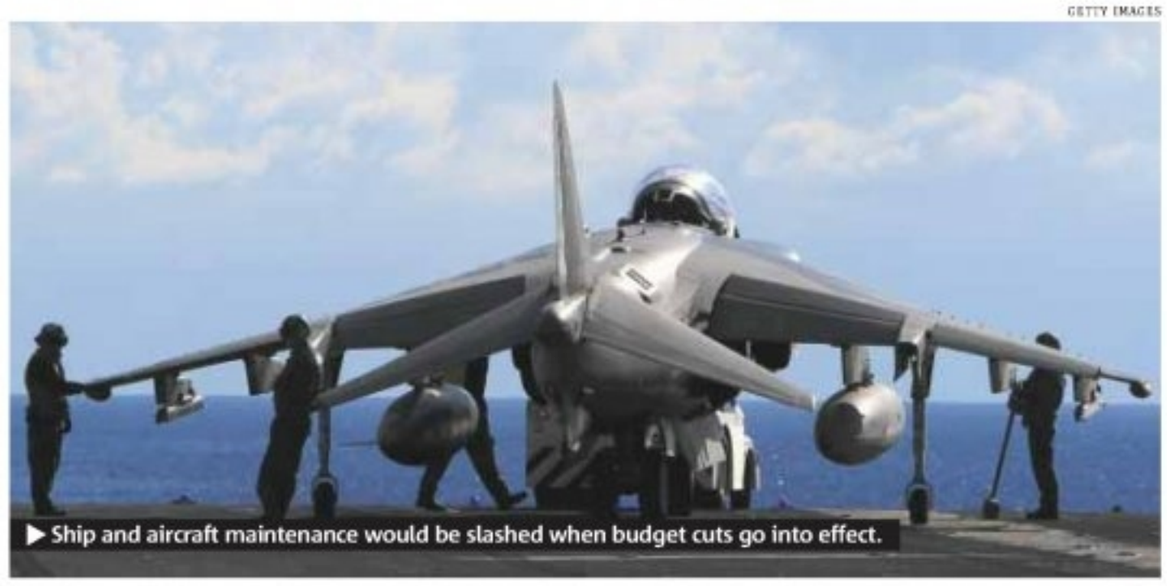
Defense chief urges delay in 'devastating' $46B in budget cuts

GETTY IMAGES



▶ Ship and aircraft maintenance would be slashed when budget cuts go into effect.

The Pentagon's civilian and military leaders warned in dire terms yesterday that $46 billion in budget cuts due to go into effect in two weeks would erode the nation's ability to go to war and appealed to Congress to delay the reductions.

The automatic, across-the-board cuts will force the Pentagon to put most of its 800,000 civilian employees on unpaid leave for 22 days, slash ship and aircraft maintenance and curtail training, Deputy Defense Secretary Ashton Carter told the Senate Armed Services Committee.

"These devastating events are no longer distant problems. The wolf is at the door," Carter said as he and military chiefs appealed for Congress to take action to delay the cuts known as sequestration from taking effect beginning March 1.

For months, Pentagon officials have been painting a doomsday scenario if Congress does not come up with a replacement for the sequester. The cuts are already law, but when Congress enacted them in August 2011, lawmakers never intended for them to happen. The thinking was that they would be so abhorrent that Democrats and Republicans would come up with an alternative budget-cutting plan. REUTERS

Foreign policy risks

Underlining the risks facing the United States, the hearing took place just hours after North Korea's third nuclear test — something Defense Secretary Leon Panetta told Pentagon employees represented a "serious threat" to America.

Tensions with Iran over its nuclear program are also simmering, and Gen. Mark Welsh, chief of staff of the Air Force, acknowledged future cuts could make it more difficult for the U.S. military to wage a preventive strike, if necessary.

800K

Cuts will force the Pentagon to put most of its 800,000 civilian employees on unpaid leave for 22 days.

Deputy killed in shoot-out with suspected fugitive

GETTY IMAGES

▶ Dorner

A gunman thought to be a fugitive ex-cop barricaded himself inside a cabin in the mountains northeast of Los Angeles yesterday and traded gunfire with sheriff's deputies, killing one, authorities said.

Two San Bernardino County sheriff's deputies were struck by gunfire and one of them was killed, Sheriff John McMahon told reporters.

Police said the man they believe to be Christopher Dorner surfaced after breaking into a home near the ski-resort community of Big Bear Lake, tying up a couple there and stealing their pickup truck.

A state game warden apparently on the lookout for Dorner exchanged gunshots with the driver of the stolen truck about 20 minutes later, and the suspect later abandoned the vehicle and fled on foot into the surrounding forest.

The gunman ultimately barricaded himself inside another cabin and engaged in a shootout with officers.

The cabin where the gunman was located was on fire as authorities tried to determine whether the murder suspect was dead or alive. REUTERS

Obama announces withdrawal of 34K troops in SOTU speech

GETTY IMAGES

▶ Obama announced that by this time next year, 34,000 U.S. troops in Afghanistan will have returned home.

President Barack Obama announced in his State of the Union address last night that 34,000 troops — about half the U.S. force in Afghanistan — will return by early 2014.

Obama and Afghan President Hamid Karzai last month agreed to speed the handover of combat operations in Afghanistan to Afghan forces. There are currently about 66,000 U.S. troops in Afghanistan.

It is the latest step toward unwinding the U.S. involvement in the unpopular war in Afghanistan.

Washington's NATO allies have also been steadily reducing their troop numbers despite doubts about the ability of Afghan forces to shoulder full responsibility for security.

Afghan forces were expected to lead military operations across the country by this spring, with U.S. and international forces assisting through training and advising but no longer leading combat operations. **REUTERS**

66K

There are currently about 66,000 U.S. troops in Afghanistan.

In the news

GETTY IMAGES

▶ Ward ▶ Williams

Two charged in killing of inauguration teen

CHICAGO. Two reputed members of a Chicago street gang were charged on Monday in the murder of a 15-year-old girl who was gunned down days after performing with her high school band at inauguration festivities for President Barack Obama, police said.

The slaying of Hadiya Pendleton on Jan. 29, eight days after the majorette appeared at an inauguration event in Washington, highlighted a rash of deadly shootings in Chicago and became a rallying cry for advocates for tougher gun control nationally.

Two men identified by police as gang members, Micheail Ward, 18, and Kenneth Williams, 20, both of Chicago, were each charged with first-degree murder and attempted murder in connection with the shooting, which also left two other teens wounded.

Chicago Police Superintendent Garry McCarthy said Ward pulled the trigger and that Williams was believed to have driven the getaway car. "They thought the group they shot into were members of a rival gang," McCarthy said. **REUTERS**

Two Maryland students dead in murder-suicide shootinge

WASHINGTON. Two University of Maryland students died early yesterday in an apparent murder-suicide shooting, and a third was wounded in the incident, police said.

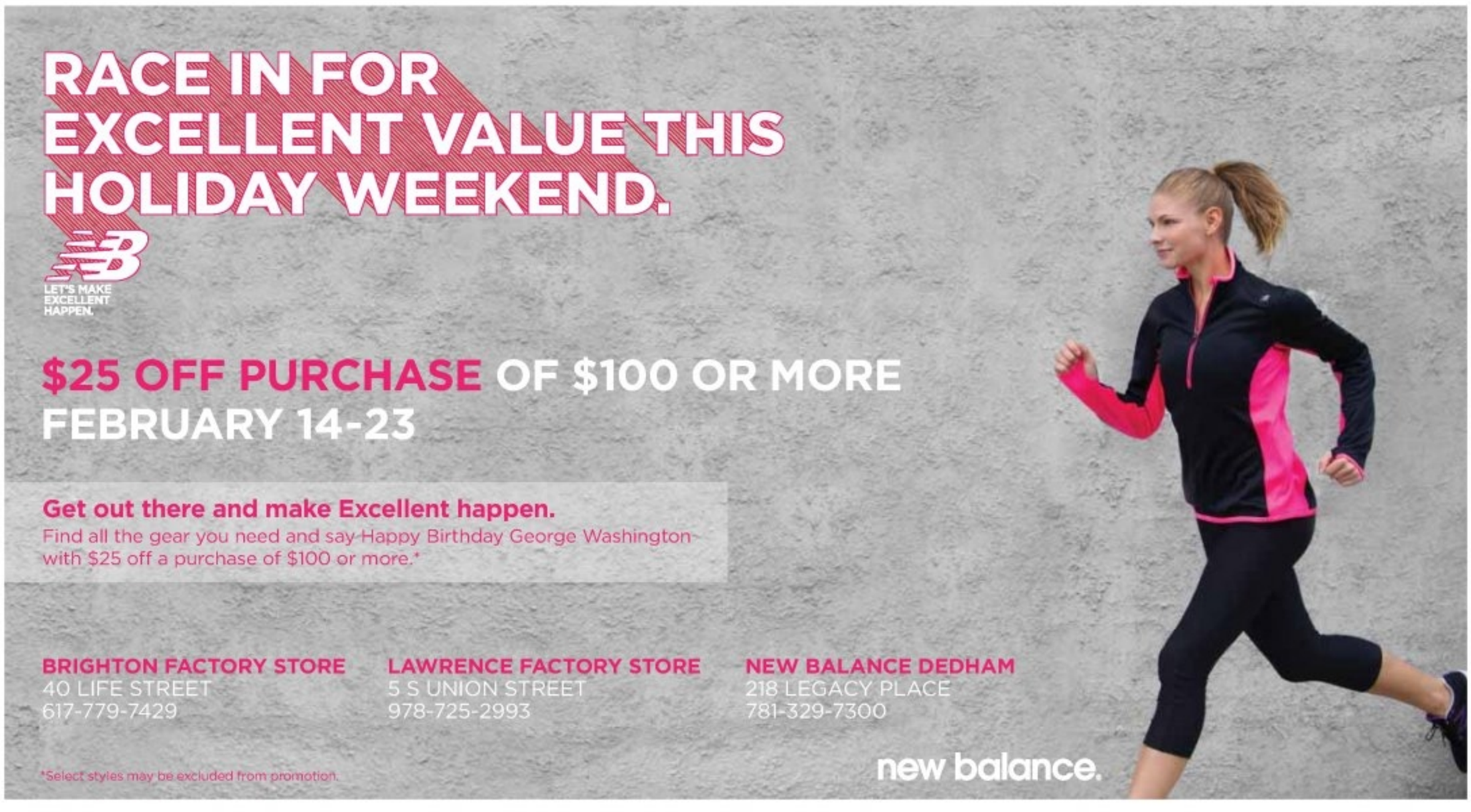
The shooting began shortly after the gunman set a fire around 1 a.m. in the basement of his house near the campus in College Park. When his two roommates came to see what was happening, he shot them in front of the house, a spokeswoman for the Prince George's County police said.

The gunman then went to the back of the home and killed himself. One roommate was pronounced dead at a hospital and the second suffered wounds that are not life-threatening, the spokeswoman said.

The ages and identities of the students were not released. The incident is under investigation, the spokeswoman said. **REUTERS**

"We are all shocked and saddened by this morning's tragic events. We extend our deepest sympathies and prayers to the families and friends of the victims."

UNIVERSITY PRESIDENT WALLACE LOH SAID IN A STATEMENT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THE WORD

Metro's **Dorothy Robinson** shares her take on the world of gossip @dorothyatmetro dorothy.robinson@metro.us

The feed ...

Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Lea Michele is really quite busy, Rose McGowan is having trouble with candy, Garry Shandling is thinking of quitting too and Steve Martin is making stuff up.

@msleamichele
Meetings, meetings, and mooooore meetings today!

@rosemcgowan
Just chipped my front tooth on a Charm pop. Oh, the irony. I look like I should be drinking moonshine.

@GarryShandling
I know how the Pope feels. It's exhausting.

@SteveMartinToGo
BREAKING NEWS: Donald Trump takes flattering photo.

Lea Michele

Meet Eau de Pizza Hut

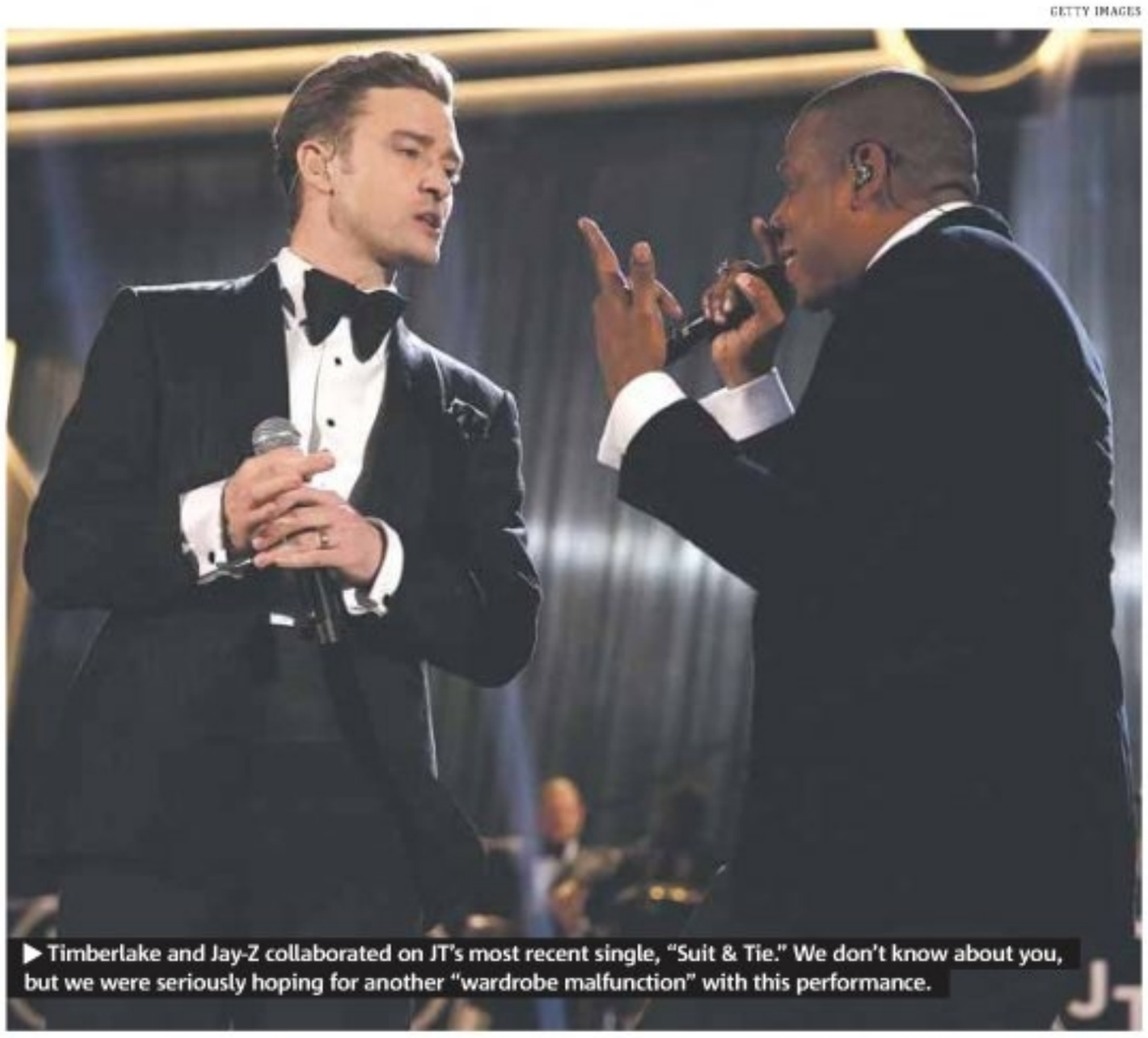
Let's cut to the chase on this item: **Pizza Hut** has launched a promotional perfume called Eau de Pizza Hut. The chain is giving away 24 bottles of the stuff. To get your own, send tweets to @PizzaHut with the hashtag "LastMinuteLovers." Each package also includes a $20 Pizza Hut gift card for Big Pizza Sliders or Lovers Pizza.

"The cologne has a slightly sweet base scent of freshly rising dough, but finishes decidedly savory with hints of Italian spice like oregano, vine-ripened tomato sauce, the crispness of fresh-sliced vegetables and all wrapped by wafts of cheesy goodness," said **Ashlee Firsten** of Aromachology, a custom perfumery in New York, in a press release. "It's really a quite complex combination of aromas that results in the hunger-inducing smell of a fresh Pizza Hut pizza."

"Wafts of cheesy goodness"? Wasn't that formula already patented for **Debbie Gibson**'s Electric Youth perfume?

Is it true? Timberlake and Jay-Z to rock your body?

GETTY IMAGES



▶ Timberlake and Jay-Z collaborated on JT's most recent single, "Suit & Tie." We don't know about you, but we were seriously hoping for another "wardrobe malfunction" with this performance.

The biggest summer blockbuster tour has (almost) been announced: There's a good chance that **Justin Timberlake** and **Jay-Z** will team up to outcool a stadium near you.

"We're definitely going to go on tour," Timberlake told the New York Post on the Grammy red carpet Sunday. "I don't know how much I should say."

Rolling Stone echoes this off-the-cuff remark, saying the powers that be are working on a 12-stadium tour. The tour will support Timberlake's new album, "The 20/20 Experience" (featuring John Stossel ... in our dreams). And, hey, since **Beyonce** is also going on tour this summer, Jay-Z needs to find ways to kill time.

Possible titles?

Ideas for the tour name:

- Jay-Teez
- Big Pimpin', Little N'Syncin'
- Young, Gifted and Black (and White)
- 99 Problems (But An Ugly Wife Ain't One)

Talking points

Swift Google Alerts herself

Taylor Swift knows there are people out there talking about her love life, but she's doing her best to ignore it. "I'm sure if I looked up the latest Google Alerts rumor, it would say I'm chasing somebody who doesn't like me as much as I like him. People love that angle on me," Swift tells Elle magazine. "They're like, 'Oh, Taylor, coming on too strong again, chasing boys.' I never chase boys. They don't like it!" And while her recent dig at ex **Harry Styles** at the Grammys might suggest otherwise, Swift insists she's not one to vent her anger. "I don't think I've ever yelled at an ex-boyfriend," she says. "Ever. I'm not a yeller. I'm not a fit-thrower. If something is done, it's done."

Kunis on her single days

Mila Kunis may have gone pretty quickly from a nine-year relationship with **Macaulay Culkin** to her current beau, former "That '70s Show" co-star **Ashton Kutcher**, but she still looks back fondly on her bachelorette days. "For four years I was single," she tells Allure magazine, calling her days without a boyfriend "an amazing time." "I love being single," she says.

GETTY IMAGES

▶ Kunis

A 4-year-old makes more than you

Vivienne Jolie-Pitt, the 4-year-old daughter of **Angelina Jolie** and **Brad Pitt**, is already earning some impressive cash. The toddler was reportedly paid $3,000 a week for a small role in her mom's upcoming film, "Maleficent," according to contracts obtained by TMZ. The tot — whose twin brother, **Knox**, doesn't appear in the film — also received a per-diem $60 for expenses each day she was on set. Older siblings **Pax**, 9, and **Zahara**, 8, also filmed cameos in the film, though it's unknown how much they earned.

Scar Jo auditioned for 'Les Miz'

Scarlett Johansson admits that she had a shot at **Anne Hathaway**'s Oscar-nominated role in "Les Miserables," but voice trouble plagued her audition. "I sang my little heart out," Johansson tells Broadway.com. "I auditioned with laryngitis." But Johansson, currently starring on Broadway in "Cat on a Hot Tin Roof," insists there are no hard feelings. "Looking at the film now, there's no possible way I ever could have topped that performance," she says of Hathaway. "It was perfect and, I think, fateful."

myentertainment

Cody ChesnuTT: 'I've been life'

The neo soul artist on his 10-year absence from making albums and why he is 'Landing on a Hundred'

There's an adage in popular music that you have your whole life to make your first album, and then only about four months to make your second. But nobody defies this more than Cody ChesnuTT, whose latest release, "Landing on a Hundred," comes a full decade after his 36-song lo-fi manifesto, "The Headphone Masterpiece."

But "Landing" shouldn't be heralded as the comeback of its creator, as much as it should be heralded for the strength of its material. It is the marriage of one proud, self-reliant neo soul artist and a 10-piece band. Polished and layered in its production value, it is less irreverent than its predecessor — and with a third of the songs, marks a shift in his priorities.

"I never doubted or faltered — in regards to my gift of music. I just had learn how to be more patient and honest with the man I was becoming."
CHESNUTT

"Instead of being focused on me and the rock 'n' roll dream, I have the health, stability and respect of my beautiful family to consider," says ChesnuTT, who credits taking time away from performing to cultivate the spirituality that resounds throughout his sophomore release.

"The spirituality on this album has always been a part of my life," he says. "It's just that with this record, there's a more mature understanding of how to apply it. The time away allowed me to get a lot clearer in my thoughts."

Neither gap years nor maturation detract from the music's vitality.

"I wanted the album to reflect my state of mind," says ChesnuTT. "I now know that both my music and words can influence — and that has inspired me to be a more thoughtful, more responsible artist."

How does ChesnuTT wield that responsibility? Mostly with his lyrics, which can be didactic, compassionate or calls to action.

"In the last 10 years, I've learned how informing music can be, so if someone were to learn something about themselves or life after spending time with this album, I would be quite pleased with that," he says. "I hope that it strikes a chord in the soul of the listener, and [inspires] him or her in a healthy way."

As for his 10 years away from making full-length albums, ChesnuTT says it was necessary.

"The quality of your life and art depends upon how much you embrace the growth your humanity demands," he says.

Gina Angelotti
letters@metro.us

▶ "The live show is part set list, part feel. I like to get a sense of the moment and move forward as the spirit dictates," says ChesnuTT, on how his narrower approach to songwriting translates to the stage.

JOHN FERGUSON

Q&A

How was the process of creation that culminated in the new album emotionally different from "The Headphone Masterpiece"? Was it difficult to place trust in a band, in producers, without compromising your unique style?

The process was quite easy and stress-free, actually. The genesis is always the same — me, writing alone with my guitar or on piano. ... This gives me a solid understanding of what it is I want from the song, then I open up the foundation to others to build upon. I was really looking forward to hearing what other musicians would bring to my songs.

If you go

Cody ChesnuTT
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THREE TO TENGO

▶ Yo La Tengo play a sold out show tonight at The Paradise.

CARLIE ARMSTRONG

Ira Kaplan on the latest Yo La release Their last-minute lyrics may or may not tell a story, but the songs probably are 'talking to each other'

As Yo La Tengo close in on 30 years as a band, the trio has secured their name as one of the most beloved and long-standing survivors in indie rock. Beginning in 1984, and based around the husband and wife harmonies of founding members Ira Kaplan and Georgia Hubley, the addition of James McNew in the early '90s put the band in a unique position, where each of the members was now a potential singer and songwriter, making their music all the more diverse.

They've scored films, appeared on numerous compilations and even dared to take their already underground following to more obscure levels by creating a garage rock cover band known as Condo F—s.

With the recent release of "Fade," their 13th official LP as Yo La Tengo, they seem to have created one of their most thematic and introspective records to date. Beginning with the lines: "Sometimes the bad guys come out on top/ Sometimes the good guys lose/ We try not to lose our hearts/ Not to lose our minds," you get the sense that this is an album dealing with maturity and a search for answers.

And though the feeling seems to continue on throughout the record, according to the band, the theme may not have been conscious at all.

"I probably would say it's not true," says singer and guitarist Kaplan. "But I could be lying. Although the songs are written over a year, the lyrics are not. The lyrics are written very quickly. We tend to sing along in a sort of nonsense kind of way and even record the songs without lyrics and at the last second come up with them. I think because of the speed and the concentrated space in which the lyrics are written, the songs end up talking to each other. But in no way is there a plan. It just sort of takes shape the way it does, organically, not with a concept put behind it."

Nolan Gawron
letters@metro.us

'Fade'-ing in

Many jazz musicians appear on "Fade," expanding Yo La Tengo's stylistic and dynamic range, and as a result, the music is softer. But even that is put into question for the live show.

"Sometimes we're also not the best judge of those types of things," says Kaplan. "Maybe certain things jump out more than others. What we are doing on this show, though, is extremely different. We'll essentially be our own opening act. So we do a first set of quieter songs and then the second set is louder."

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TV watch list

'Survivor: Caramoan — Fans vs. Favorites'

REALITY. Longtime "Survivor" fans will rejoice at the latest incarnation of the popular island-based reality show, which enters its 26th season tonight. This round finds 10 former castaways competing against 10 superfans.
8 p.m., Season premiere, CBS

'Inside the Actors Studio'

TALK SHOW. Oscar nominee Hugh Jackman makes his second appearance on the long-running talk-fest, this time stopping by to chat with James Lipton about portraying Wolverine and "Les Miz" protagonist Jean Valjean. We just hope the interview will feature Jackman's signature tap-dancing.
8 p.m., Bravo

'Modern Family'

COMEDY. Some of the best "Modern Family" episodes come in conjunction with Valentine's Day, when Phil and Claire don their alter egos, Clive Bixby and Juliana, and embark on some sort of attempt at romantic shenanigans that are destined to run amok.
9 p.m., ABC
MATTHEW JACOBS

▶ Things will heat up tonight on "Modern Family."

DISNEY ABC TELEVISION GROUP/GETTY IMAGES

The Grey Lady closes most obvious paywall hole

After the New York Times introduced its digital paywall in early 2011, some frustrated readers came up with elaborate ways to get around it, including launching a special Twitter feed and browser app. But it turned out there was a much simpler workaround: Just deleting "?gwh=numbers" from the URL gets rid of the paywall banner.

Well, it only took about two years, but the Times has finally put the kibosh on this method. Joe Coscarelli at New York Magazine noticed that deleting these characters no longer worked and later confirmed as much with a rep from the Times.

668K
Paid digital subscribers across The New York Times' network of publicatons

"When we launched our digital subscription plan, we knew there were loopholes to access our content beyond the allotted number of articles each month," the rep said.

In the nearly two years since the paywall launched, the Times has racked up 668,000 paid digital subscribers across its network of publications, which has helped slow the company's decline in advertising revenue.

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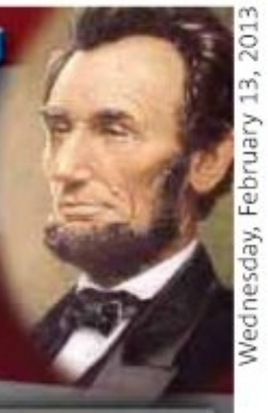

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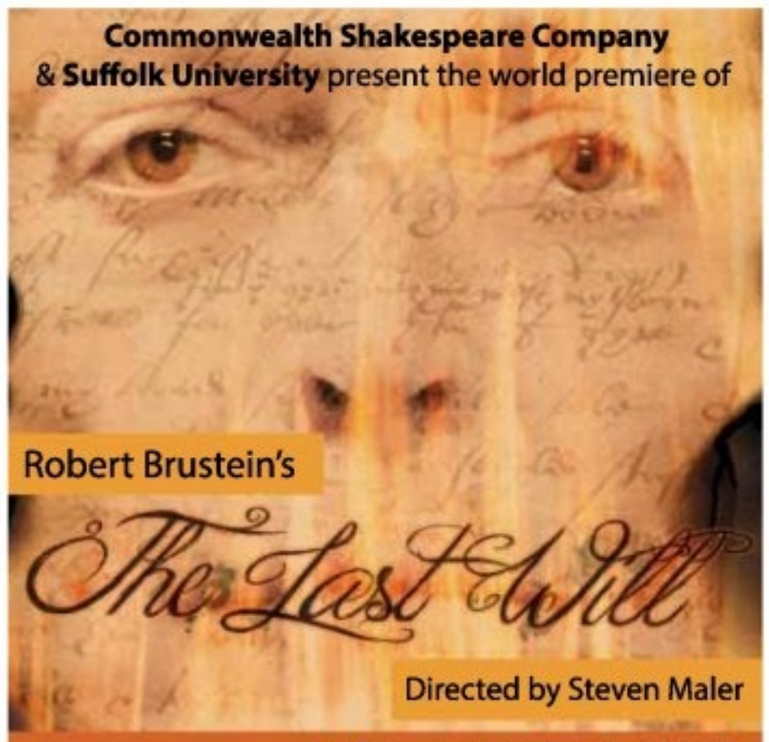

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mystyle

Fashion Week highlights

NY Fashion Week F/W '13

*Metro's style director **Kenya Hunt** and style editor **Tina Chadha** are reporting from New York Fashion Week. Read their daily dispatches for the latest on what's coming down the runway and follow them on Twitter:*
@KENYAMETROSTYLE
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MONDAY, FEB. 11

2:10 p.m.
Donna Karan's collections always remind me of dancers — something about the way her drapey, bias-cut dresses elongate the body strike me as being very Martha Graham-esque. If the choreographer were alive today, she'd look at home in any one of Donna's sinuous jet-black skirts that dance and swirl about the hips. The impressive thing is that Donna's managed to create skirt suits that look about as comfortable to wear as a pair of yoga pants. That's because her tailored jackets come paired with easy, jersey skirts that are free of any kind of boxy, boardroom stiffness. It's a classic Donna Karan solution to a common urban working woman's problem. I'm not quite sold on her experiments with texture, however. A chocolate brown gown made of collaged shiny and matte silk panels with a leather bodice seems to take things a concept too far. KH

8:09 p.m.
Marc Jacobs is perhaps the only designer who not only gets his audience in their seats on time, but a few minutes early. At any other show, editors don't arrive until about 10 minutes after the start time. But tonight, the entire place is completely full at just nine minutes past the hour. That's impressive when you think about the fact that a lot of guests accidentally went to the Armory where he normally shows each season. He changed the time (it was originally scheduled for 4 p.m.) and location due to the blizzard. KH

Donna Karan

Marc by Marc Jacobs

mywellbeing

This Valentine's Day, bring on the chocolate

- Exactly why it can help keep your ticker going strong
- Keep popping those Hershey's Kisses after Feb. 14 — one a day can keep your blood pressure stable
- But, just say no to white

Sweethearts needn't feel guilty about giving, or receiving chocolate this Valentine's Day. According to University of Scranton chemistry professor Joe Vinson, Ph.D., chocolate's healthy rep as being antioxidant-rich is growing.

"I keep looking for the bad," says Vinson, who was among the first researchers to report that chocolate, especially dark chocolate, was good for your heart. "But I still can't find any negatives to chocolate. Polyphenols are good for you and chocolate has lots of them."

"I keep looking for the bad, but I still can't find any negatives to chocolate."
VINSON

Polyphenols, a class of compounds present in plant foods that have antioxidant properties, reputedly scavenge the free radicals that damage cells and make them more susceptible to diseases such as cancer.

But not all chocolate is created equal. It's important to select pure chocolate and not candy bars, and make sure it has a high amount of cocoa solids. The higher the cocoa solids, the higher the antioxidant effect. In his research, Vinson found chocolate containing 70 percent cocoa solids had twice the polyphenols as 35 percent. Vinson advises reading the label and choosing 70 percent or higher for health.

The consensus is that moderate dark chocolate consumption has health benefits. But how much is moderate?

"I can't confirm an amount for health," Vinson says. "In studies comparing low dose and high dose, there was no noticeable benefit from the higher dose. One study found that blood pressure benefited after one dark chocolate Hershey Kiss. It happened over a four-month period. So, possibly, a low dose of chocolate over time has the most beneficial effect."

Linda Clarke
letters@metro.us

What about white?

White chocolate, made of cocoa butter and sugar, has no detectable polyphenols and no known health benefit — in fact, Vinson says it can make things worse: "Fat and sugar cause oxidative stress in the body."

PIXLAND

▶ Eat up (the good stuff, that is): A National Heart, Lung, and Blood Institute Family Heart study showed that people who ate chocolate five times per week were 49 percent less likely to have heart disease than those who ate no chocolate.

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Snack time with Bethenny Frankel

The TV personality shares her secrets on healthy nibbling The good news: It's OK to indulge

Our apologies to readers curious about Frankel's divorce: Her people gave us a strict "no personal questions" rule before our interview.

Bethenny Frankel wants us to "snack out of it" and stay healthy in 2013. That's why she teamed up with California Almonds for a "Snack Talkin'" campaign to share her tips for snacking the right way.

Why snack?

Don't reach for the chips just because you're bored. Snacking should always have a purpose, Frankel says.

"Snacking shouldn't be something you do out of habit, for the sake of doing it or because some diet told you," she says. "You will learn to know your body and whether you need to snack or not."

But I just want a piece of chocolate!

It's OK to indulge every once and a while, Frankel says.

"I eat chocolate, whether in ice cream or cookie or dark chocolate form," she says. "No one ever got fat on a small indulgence, and I believe in allowing rather than depriving."

Plan your snacks

"You should always have snacks accessible," Frankel says. "Baggies of nuts, soybeans, hummus and wheat pretzels or dark chocolate with almonds are great snacks."

When craving something unhealthy like potato chips, Frankel suggests you go for baked, air-popped or whole-grain chips and choose portion-controlled bags.

Keep things interesting

Variety is key in snacking.

"From sweet to salty to zesty to spicy, switch it up," Frankel says. "Even pizza would bore you if you had it every day."

Mary Ann Georgantopoulos

Size matters

"Eating anything out of a large-portioned bag, box or container is an invitation to overdo it," Frankel says.

A snack should have a limited number of calories. Frankel says 200 calories is ideal.

"A handful of almonds, a piece of cheese, turkey or some almond butter on a cracker can curb your appetite for few calories. It depends upon what you need," she says.

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What we're into

These new foods

1. Great Grains Protein Blends
We like the Cinnamon Hazelnut and the Honey, Oats & Seeds blends — both boast almost 40 grams of whole grains per serving, about a quarter of your daily value for fiber and no cholesterol, plus 13 vitamins and minerals and ingredients you can recognize.

2. Grape Nuts Fit
This new take on a classic has crunchy nuggets, granola, cranberries, puffed barley and a hint of vanilla flavor. Each serving has 6 grams of protein and 5 grams of fiber and is high in iron and folic acid.

3. Earth Balance snacks
You know them for their vegan butter alternative, but now they've ventured off into the snack territory — luckily for us.

The new Vegan Buttery Flavor Popcorn, Vegan Aged White Cheddar Flavor Popcorn, Vegan Aged White Cheddar Flavor Puffs and P.B. Popps are loaded with taste, and you'll be especially jazzed to see the short ingredient panels.

Clean eating

If you want to get into clean eating — shunning processed foods in favor of whole, natural ones — some new books are popping up to offer guidance. "The Clean Plates Cookbook," a guide to healthy eating at home, was developed by Jared Koch, who wrote the "Clean Plates" guides to eating in Manhattan, Brooklyn and L.A. restaurants. "Clean Cuisine: An 8-Week Anti-Inflammatory Nutrition Program that Will Change the Way You Age, Feel & Look" was co-written by a woman who took control of her MS by changing her diet. And FOX TV anchor Dari Alexander wrote "The Quick & Clean Diet," which has a foreword by Dr. Mehmet Oz, for busy families looking to adopt the lifestyle.

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Letters

letters@metro.us

When you need a new pope, look no further than NY

RE: "POPE'S ABRUPT RESIGNATION SURPRISES CATHOLIC CHURCH" (METRO, FEB. 13) Pope Benedict XVI has just announced that he will retire. Now as a Catholic and a grand knight in the Knights of Columbus, I was shocked.

According to what I have read, no pope has retired since 1415 when Pope Gregory XII did so. I feel the church is facing many issues in our ever-changing world.

I feel, though, there is one cardinal who might be up to the challenges — and that is Cardinal Timothy Dolan. He is a relatively young cardinal who is committed to the church and its people. He is not afraid to speak out on the issues and he urges more Catholics to do so. Here in for his religious beliefs and who has spoken out for religious freedom for all people. This is what a pope should do and who is young enough to accomplish these aims. That is why I hope when the cardinals meet in Rome that Cardinal Timothy Dolan is made a pope for we need such a man who will be a guiding light. **FREDERICK R. BEDELL JR., VIA E-MAIL**

There's a lot going on in the world

... and Metro wants to hear from you!

- How do you think the **pope's** resignation will impact the Catholic Church and beyond?
- Which parts of **President Barack Obama's State of Union address** did you most agree or disagree with?
- Which **Grammy winners** were most deserving — and who do you think got left out in the cold?
- Don't be shy — we want to know!

Cardinal Dolan we have a man of God, who is not afraid of controversy and who will speak out

A little oversight never hurt rights

Pro-guns, anti-guns, blah, blah. More people died on Sept. 11 by PLANE than Newtown by gun and we did not debate about banning all forms of aircraft.

America put in strict but secure measures to better ensure it could not happen again while still allowing people to travel by air. Can we apply the same decent, reasonable logic to guns in this country or is America nothing more than the land of violent mental patients?

How about we don't ban all weapons or things that could in any conceivable way be used as a weapon, such as a pillow, and we also put in common sense rules about people not having the right to own and operate military-grade weapons or even a cap gun if you happen to have 17 assault charges on your record?

We regulate KNIVES better than we do guns and we sure as hell have a constitutional right to own and bear knives. If you think a person should be allowed to own a M16 assault rifle with grenade launcher attachment then I ask you to please move to Somalia where you can be free to hunt live people for sport.

If you think everything needs to be covered in sterilized bubble wrap to prevent even the thought of any injury then please leave America in order to prevent the slow death of everyone's souls.

DOUGLAS BROWN, VIA E-MAIL

E-mail your letters: **letters@metro.us**

Keep them as brief as possible, preferably under 100 words.
Metro reserves the right to edit all letters.
Please include your name and contact information.

Horoscope

♒ Aquarius **Jan. 20-Feb. 19.** Even though you're inclined to even the score with someone who did something that you deeply resent, try to find out the motives behind this person's actions. You'll have a smarter reaction.

♓ Pisces **Feb. 20-March 20.** Every once in a while, you're far too generous to an undeserving person. This is one of those days when you might again exercise such poor judgment.

♈ Aries **March 21-April 19.** Be extremely selective about the goals you pursue. Make sure they will bring you satisfaction once you've achieved them.

♉ Taurus **April 20-May 20.** Because of a reluctance on your part to express what is really disturbing you, friends and/or associates could find you perplexing, as well as difficult to deal with. Speak out.

♊ Gemini **May 21-June 20.** It behooves you to be more selective about those with whom you choose to associate. Steer clear of companions who have a faculty for making waves and causing trouble.

♋ Cancer **June 21-July 22.** For the sake of harmony, try to view things from your mate or other house member's perspective. What's important to you might not be to him.

♌ Leo **July 23-Aug. 22.** Having a bad attitude about the day's duties is likely to produce bad results. Putting a smile on your face will make your job quite a bit easier.

♍ Virgo **Aug. 23-Sept. 22.** Although you may be having difficulty getting someone who is indebted to you to settle his or her account, applying pressure won't help. Find another way.

♎ Libra **Sept. 23-Oct. 23.** Be extremely diplomatic when dealing with your mate or an important person in your life if you hope to maintain domestic harmony. Nothing will be gained by bringing up old, divisive issues.

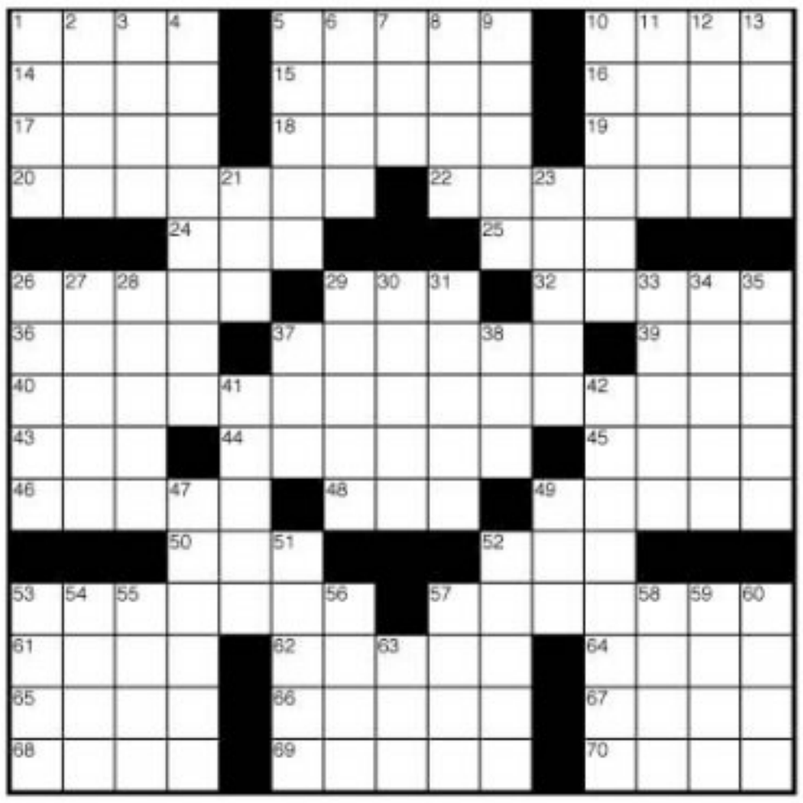
♏ Scorpio **Oct. 24-Nov. 22.** Overstepping the fine line between constructive criticism and nitpicking could produce a situation that will surprise even you. Be more sensitive about what you say and how you say it.

♐ Sagittarius **Nov. 23-Dec. 21.** Should you want to make a purchase from a firm that you've never dealt with, make sure the merchandise can be returned in case you have second thoughts.

♑ Capricorn **Dec. 22-Jan. 19.** If a person with whom you're involved isn't living up to his or her claims, you'll handle it much better if you're congenial. Don't be authoritarian or harsh. **BERNICE BEDE OSOL**

Across
1 Attire
5 Accolade for a diva
10 Unravel
14 Kind of tradition
15 Moray fisherman
16 Chalet feature
17 Gymnast — Korbut
18 Copy
19 Mo. bill
20 Established
22 "So what?" (2 wds.)
24 Speckle
25 Genetic code
26 Consumer voice
29 Mi. above sea level
32 Snapshot collection
36 Mother lodes
37 Regardless
39 Carioca's home
40 Tigris/Euphrates region (2 wds.)
43 King beater
44 Equipped
45 Behind schedule
46 Spoken for
48 Charlotte of "Bananas"
49 Piano part
50 ". . . the giftie — us" (Burns)
52 The lady
53 Down payment
57 More icky
61 Dr. Zhivago
62 Put off
64 While away
65 Piccadilly statue
66 Swashbuckling Flynn
67 Radar O'Reilly's soda
68 Cushiony
69 Locomotive need
70 Make headway

Down
1 Blow it
2 Woody's son
3 Pasta-sauce brand
4 Mildest
5 Tam
6 Cattail
7 Mont Blanc or Jungfrau
8 Hop, skip or jump
9 Calla lily, e.g.
10 Medieval
11 Assign a rank
12 Reebok rival
13 Bellow
21 Dung beetle
23 Nibbles away
26 Yogurt type (hyph.)
27 Betel nut
28 Actress Bo —
29 Keep — — to the ground
30 Swimsuit fabric
31 A crowd?
33 Sandwich need
34 Rockies range
35 Exit ramp sight
37 Pub pint
38 U.K. lexicon
41 — fatuus
42 Minding the cash register
47 "Me" devotee
49 Marker
51 Fluffy quilt
52 Throws hard
53 Applies henna
54 Large kangaroo
55 Faculty mem.
56 Prefix for "trillion"
57 Earth sci.
58 Brainstorm
59 Grades 1-12
60 Horse's brake
63 Wk. day



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				9				
6		9				7		2
	9		2			3	1	6
					4	2		5
			1	3				4

SUDOKU **LEVEL: EASY**

	4	6	7					
2		3		8				
9			1				4	
6			2			1	9	
	9		3		4		8	
	2	8			5			7
	6				2			1
				4		8		9
					1	4	5	

SUDOKU **LEVEL: HARD**

Solution to yesterday's crossword

S	C	A	B			N	E	Z		D	E	S	C	
H	A	V	O	C		S	A	R	I		I	N	C	H
E	P	O	C	H		P	R	A	M		N	O	R	A
B	E	W	A	I	L	E	D		B	R	A	C	E	S
				R	O	C		A	A	H		H	E	M
S	N	A	P	P	Y		E	B	B	E	D			
H	O	L	E	S		F	L	Y	W	E	I	G	H	T
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W	H	I	T	E	C	A	P	S		S	N	O	O	P
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O	V	A		G	I	S		G	N	U				
M	O	D	E	R	N		A	U	D	I	T	O	R	S
E	W	E	S		L	I	V	Y		C	A	B	O	T
G	E	L	S		E	K	E	S		E	C	O	L	E
A	L	E	E		Y	E	S			H	E	L	M	

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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STEVE BABINEAU/GETTY IMAGES

▶ The marquee talents of Rajon Rondo and Derrick Rose will not be on display tonight at the Garden.

C's, Bulls plug along

Boston, Chicago have been able to get by without their all-star point guards ◗ Postseason meeting possible ◗ How will C's replace Barbosa?

Regardless of which team wins the tip-off tonight at TD Garden (7:30 p.m., CSN), their respective superstar point guard won't be there to dribble the ball up the floor.

Boston's Rajon Rondo and Chicago's Derrick Rose are both victims of ACL tears, the latter coming in the first game of the Bulls' 2012 playoff run.

While Rose is inching closer to recovery — the hope is that he plays by the end of the regular season — we already know that Rondo won't be back this year.

So, without their two best players, we're talking about two teams fighting for ping-pong balls in the NBA lottery, right? Wrong. The Bulls are actually living, playing proof that a team can "make due" without their star. They head into tonight's game with a 30-21 record, good for fourth in the Eastern Conference.

How is this possible? Well, losing Rose didn't automatically mean losing that production. It enabled players like Luol Deng (16.9 points, 6.8 rebounds) and Joakim Noah (11.8 points, 11.3 rebounds) to step up in his absence.

12 Former Celtics guard Nate Robinson has given Chicago a decent scoring punch at the point as he is averaging 12.1 ppg.

Both, not coincidentally, were selected to this weekend's All-Star Game in Houston. Carlos Boozer (15.8 points, 9.3 rebounds) and Nate Robinson (12.1 points, 4.2 assists) are two others who have answered the call. Second-year forward Jimmy Butler has broke out as well.

We seem to be seeing a similar trend here in Boston. While the loss of Rondo has dramatically changed the way the Celtics play, it hasn't changed it for the worst – at least not yet. Boston is 7-1 since Rondo's last game, a loss in Atlanta. Jason Terry has never played better in a Celtics uniform. Ditto for Jeff Green. Courtney Lee and Avery Bradley form a better 1-2 frontcourt on the defensive side of things.

Paul Pierce and Kevin Garnett are showcasing the leadership qualities that clearly never left them and both are scoring at an increased rate as well.

Boston has lost Jared Sullinger and now Leandro Barbosa, but we've yet to see the this team waive the white flag.

They can look at a team like Chicago for inspiration in that regard, but come this NBA postseason it'll be the Bulls looking back at them with their superstar guard.

Can Boston advance without theirs?

Jimmy Toscano
sports@metro.us

Bye, bye Barbosa

The Celtics situation at point guard has reached a dire state. Boston PG Leandro Barbosa, is now done for the 2012-13 season after suffering an ACL injury in Monday's loss at Charlotte.

- **The Celtics'** only options at the point as of now include Avery Bradley, Courtney Lee, Paul Pierce and Jason Terry.
- **Boston** could reach out to D-League affiliate Maine and sign former Butler star Shelvin Mack to a 10-day contract. Mack has played in 11 NBA games this year, averaging 3.5 ppg.

Sports in brief

GETTY IMAGES

▶ Clay Buchholz

Buchholz 'tweaks' hamstring on first day of camp

On Day 1 of their 2013 season, the Red Sox caught a 2012-like scare.

Starter Clay Buchholz had to cut his workout short on Tuesday, the first day Sox pitchers and catchers had to report, after coming up lame running to first base after fielding a ground ball.

Buchholz and the Red Sox insisted that it was just a "tweak" of his hamstring and that it is nothing to worry about.

"I'll get the treatment on it and hopefully I'll be back in four or five days," Buchholz said.

Larry Bird's son, Connor, arrested

The 21-year-old son of Celtics legend Larry Bird was arrested Sunday at Indiana University for allegedly trying to run over his ex-girlfriend with his car, according to the Indianapolis Star. Connor Bird could face multiple charges including battery with injury, intimidation with a deadly weapon, criminal mischief and possession of marijuana.

Bird allegedly threw a cell phone at his ex-girlfriend at his Bloomington apartment prior to trying to hit her with his car. Bird has since been bonded out of Monroe County Jail, according to the Star.

MATT BURKE

In the news

Ortiz on Bobby V

David Ortiz took the first spring training shot at former manager Bobby Valentine yesterday when he discussed the team's approach of bringing in "good clubhouse guys" in the offseason.

"You know, a lot of players had a lot of issues with our manager last year," Ortiz said. "An organization, a team, is like the human body. If the head is right then the body is going to function right. If the head is messed up, then the body is going to be all over the place."

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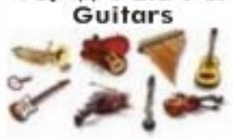
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- Order of Notice

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My friend's uncle's second cousin's son has autism.
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Ad Council

Learn the signs at **autismspeaks.org**

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at home with metro

Building a nest with Etsy

More moms are taking to the Web to customize their nurseries Why there's such an online advantage

Parents looking to create a unique nest for their babies are turning in droves to the countless shops on Etsy that focus on custom nursery decor and artwork.

"I had looked previously on other traditional sites, but I liked the idea of getting something that was a bit less mainstream," says Traci Tasso, a New York mom who purchased art on Etsy for her daughter's nursery.

The crafting website has been around for about seven years, but lately more specialists on the site are churning out crafts for little ones. From quilts to baby bumpers, Etsy is chock full of items that can be customized by gender, theme and color scheme frequently at a much lower price than from a local boutique. Moms and dads can best their neighbors' nurseries by having crib skirts monogrammed, artwork created to reflect their boy's favorite baseball teams and canvases painted to perfectly match bedding.

"It's the height of customization because you can get pretty much anything you want," says Jen Snyder, a Michigan mom who sells digital prints at Area Fare Kids on Etsy. "[Parents] have an idea in their mind of what they are looking for and they just can't find it."

The conversation element of Etsy allows artists and buyers to message back and forth and customize orders.

Many of the artists are moms-turned-artists who garner inspiration for their creations from their own little ones.

"I couldn't find anything that I loved in the stores, and since I have always enjoyed drawing and painting I decided to create something for above [my son's] crib," says Stephanie Brandt of Philadelphia, whose store on Etsy is called Just Bunch. "I had enjoyed making the artwork for his room so much, and had received so many compliments on it, that I decided to create about five designs and put them for sale."

▶ Stephanie Brandt of Philadelphia has a store on Etsy.com, Just Bunch, that specializes in nursery art like these prints of dolls.

▶ Brandt's alphabet banner can also be customized.

Beyond 128

Two Sudbury moms have started a baby company called Twelve Little Laces, customizing arrival gift baskets, birthday party treats and other personalized items. Megan Bowhers and Laura Hoff claim Etsy is a great way to market their company beyond Rte. 128. Twelve Little Laces can be found on Etsy or at www.twelvelittlelaces.com

Christina Wallace
letters@metro.us

Step

Suds up

1. Lifetherapy's soaps are formulated with various scents to enhance a different mood. We'll go with Vacation. **$24 each, www.lifetherapy.com**

2. Made with calming scents, **Thymes Lotus Santal Hand Wash** offers a much-needed moment of tranquility when you lather up. **$13, www.thymes.com**

3. One of the key ingredients in this sexy bottle is tomato extract, known for its cooling properties. **Mor Sugar Rose Tiger Lily Wash, $16, www.morcosmetics.com**

4. We love the poppy modern font on **Savon De Marseille** bottles. Bonus: The soap is mixed with essential oils from fresh-cut roses. **$18, www.anthropologie.com**

5. Royal Apothic's gentle hand wash comes in a cool tin pump — see, you consider him, too. **$24, www.royalapothic.com** TINA CHADHA

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Friendly Garden Co-op Apartments where member residents have a voice in the management of the property, has large studio and one bedroom apartments.

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6
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MISTAKES IN CHANGING YOUR WILL

By Attorney
George Warshaw

It so often happens. A person comes to see me to change his or her will. The person breaks out the original will with pen or pencil marks on it noting what needs to be changed or updated. Oftentimes, these notes were made some time ago.

I look at the will and notice the pen marks. The color usually drains from my face. The person never realized that by marking up the original he or she may have inadvertently revoked the will – leaving the person's heirs and estate unprotected.

Some years ago Frank Briggs died. Before he died he crossed out parts of his will in pencil and made a number of notations of new bequests. The question for the court was whether he thereby revoked his will or intended to leave the will in full force and effect until he signed a new one with the changes noted.

While the court ultimately found his will still valid (First National Bank v. Briggs, 329 Mass. 320), the practical problem is the uncertainty created when one makes changes directly on the will, and the opening that allows a family member or heir to challenge the original will.

The lesson is simple. Make your changes on a copy and call your lawyer to update it.
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GWA

George Warshaw is a well-known attorney and author. He represents buyers and sellers of homes and condos in Massachusetts, and prepares wills, trusts, and estate plans. George welcomes new clients and questions. Contact him at metro@warshawlaw.com.

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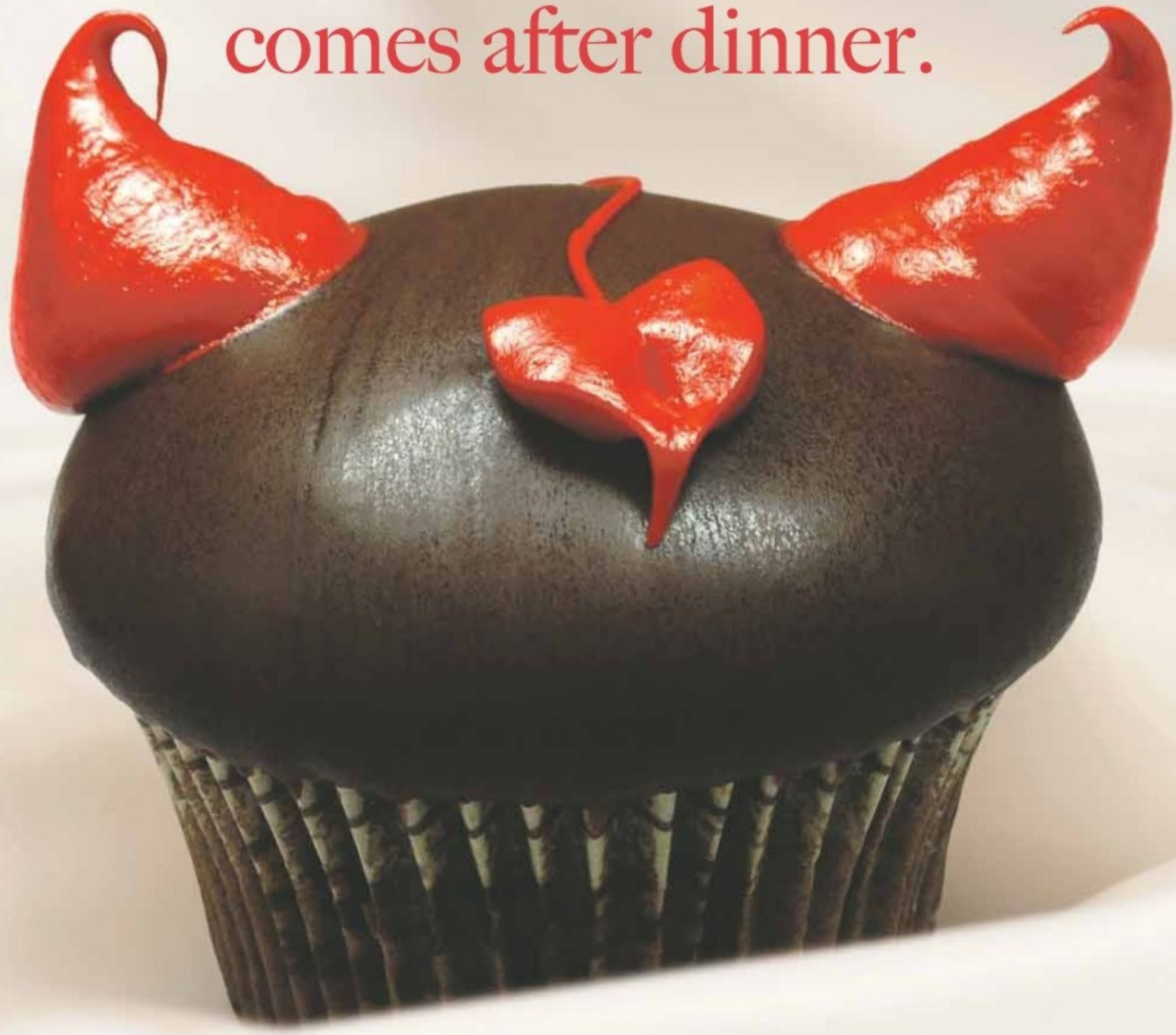

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